



ZACHARY BOWLING PEDIATRIC OUTPATIENT DIABETES EDUCATION SERVICES

Our program provides the only hospital-affiliated pediatric diabetes education service recognized by the American Diabetes Association (ADA) between Phoenix and Austin.

SERVICES

- Diabetes Diagnosis and Treatment Options
- Diabetes Medications and How They Work
- Insulin Pens and Insulin Pumps
- Continuous Glucose Monitors
- Healthy Eating, Meal Planning, and Carb Counting
- Managing Diabetes During Illness
- Managing Diabetes at School
- Hypoglycemia Treatment and Prevention
- Developing a Healthy Activity Plan
- Problem Solving
- Myths vs Facts
- Successfully Changing Unhealthy Behaviors
- Preventing Long Term Complications

RESOURCES AND ACTIVITIES

- Pediatric Diabetes Ambassadors Program
- World Diabetes Month Events
- Parent's Night Out
- Community Education Programs
- Year-round Support Group Activities
- Annual Conferences

STAFF

- Registered Nurses and Registered Dietitians Who are Certified Diabetes Care and Education Specialists with experience and expertise in Pediatrics
- Certified Insulin Pump Trainers
- Certified Continuous Glucose Monitor Trainers

